



**BIRMINGHAM UNITED
SOCCER ASSOCIATION**

**RETURN TO PLAY
DOCUMENT**

MAY 22nd, 2020

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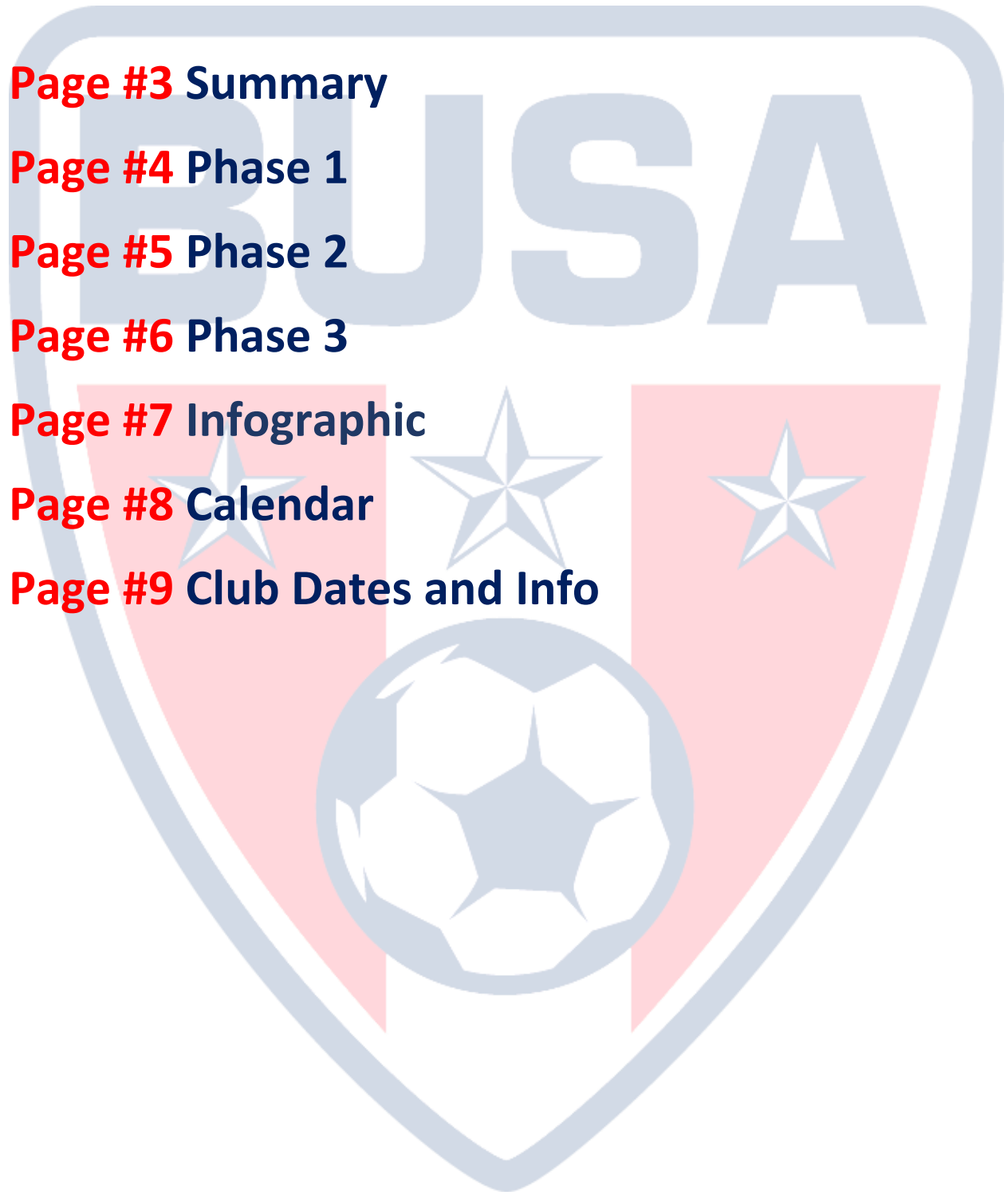
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In response to the COVID-19 Pandemic Birmingham United Soccer Association has created a series of steps and protocols for a return to play plan. These steps and actions have been developed in conjunction with local and state medical experts, and in conjunction with soccer governing bodies from US Club Soccer to USYS.

We know most everyone is excited to return to soccer and athletics but careful steps must be followed as we begin the re-entry process. We are also very respectful for those who do not feel comfortable return and have issued guidelines for tryouts on page 9 if you are not quite ready to resume practicing or attending tryouts.

Our Return to Play Action Plan addresses many critical details that must be followed by all players, parents and coaches to ensure the safety and health of everyone in our community. The plan allows flexibility regarding the length of Stage 1 to Stage II based on the rapidly changing information on the recent pandemic. BUS A will effectively communicate the transition from Stage I to Stage II and also communicate if this period takes longer than originally communicated.

The progression of stages will be determined by Club Leadership in evaluating all current data available and guidelines from the CDC, local and state government information and our national soccer governing bodies.

***Please note that these stages are based on guidelines from the CDC, local/state government agencies and can be adjusted, modified based on the health and safety of our community and membership. All sessions are optional as we know some people may not be prepared to practice or return to soccer.**

Phase I

7-10 Days Beginning May 25th to June 3rd

- All players, staff, coaches and family members visiting a BUSA Facility are asked to wash their hands, and check their temperature prior to arrival. We ask everyone to stay home if you have a temperature of more than 100.4 F.
- All players, staff, coaches and family members are asked to stay at home if showing any signs of illness
- BUSA requires all coaches to wear masks during when speaking to groups, stoppages that are closer than 6 feet.
- BUSA encourages all parents to wear a mask from their vehicle to any facility operated by BUSA.
- BUSA encourages no carpooling for the first few weeks of the re-entry process
- No more than 1 parent is allowed to walk their player to their practice area and no parents are allowed to stay and watch training.
- No more than ½ of a team is allowed in 1 training session on a half of a field
- Training Sessions will be 45-60 minutes in length and involve only individual ball work, technical skill work and fitness related activities.
- BUSA will limit the number of teams per venue and also stagger the arrival and pick-up times to create less crowded areas.
- Players do not touch any equipment and there is no wearing of bibs or pennies in Phase 1
- Bathrooms will be limited to 2 people per use and be cleaned at regular intervals.

***Please note that these stages are based on guidelines from the CDC, local/state government agencies and can be adjusted, modified based on the health and safety of our community and membership. All sessions are optional as we know some people may not be prepared to practice or return to soccer.**



Phase II

June 4th to June 14th

- All players, staff, coaches and family members visiting a BUSA Facility are asked to wash their hands, and check their temperature prior to arrival. We ask everyone to stay home if you have a temperature of more than 100.4 F.
- All players, staff, coaches and family members are asked to stay at home if showing any signs of illness
- BUSA encourages all coaches to wear masks when speaking to groups, players or parents closer than 6 feet in distance.
- BUSA encourages all parents to wear a mask from their vehicle to any facility operated by BUSA.
- Regular team training, skill camps to occur with full team and coaching staff. Number of teams on field and at each facility will be limited and there will naturally occurring gaps at the end of each session.
- No more than 50 people on a regular size field, with no more than 25 on each half of the field
- Players do not touch equipment
- No bibs or pennies as players will be asked to bring a red, white and blue shirt
- Games and Competitive Activity can occur with sensible health precautions
- No sharing of water
- Limit the number of family members to 1-2 maximum at each practice or game
- Bathrooms will be cleaned at regular intervals and social distancing used to limit number of people in the bathroom at the same time to two people.

***Please note that these stages are based on guidelines from the CDC, local/state government agencies and can be adjusted, modified based on the health and safety of our community and membership. All sessions are optional as we know some people may not be prepared to practice or return to soccer.**



Phase III

Return to Play- June 15th to Team Camp

- All players, staff, coaches and family members visiting a BUSA Facility are asked to wash their hands, and check their temperature prior to arrival. We ask everyone to stay home if you have a temperature of more than 100.4 F.
 - All players, staff, coaches and family members are asked to stay at home if showing any signs of illness
 - BUSA encourages all coaches to wear masks when speaking to groups, players or parents closer than 6 feet in distance.
 - BUSA encourages all parents to wear a mask from their vehicle to any facility operated by BUSA.
 - Regular competition is allowed for all sessions, tryouts, and evaluations.
 - No more than 50 people on a regular size field, with no more than 25 on each half of the field
 - Players do not touch equipment
 - No bibs or pennies as players will be asked to bring a red, white and blue shirt
 - No sharing of water
 - Encourages the limit the number of family members to 1-2 maximum at each practice or game
 - Bathrooms will be cleaned at regular intervals and social distancing used to limit number of people in the bathroom at the same time to two people.
- ***Please note that these stages are based on guidelines from the CDC, local/state government agencies and can be adjusted, modified based on the health and safety of our community and membership. All sessions are optional as we know some people may not be prepared to practice or return to soccer.**



PLAYERS, COACHES & STAFF

No Games, Scrimmages, Friendlies, or Events currently allowed.



Maximum of 20 persons per designated training area.



Equipment, shin guards, water bottles should not be shared.



10' of distance per each training area



Coaches wear face masks



Players are recommended to wear face coverings. No physical contact allowed.

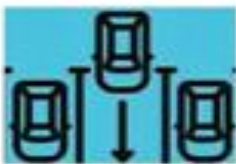


Stay Home if not feeling well



Have designated hand sanitizer stations, OR at minimum, hand sanitizer readily available for teams

SAFETY PROTOCOLS



Parents remain in cars during training session



Maintain CDC recommendations of 6' outside training areas in the park



Hand washing for 20 seconds with soap and water when available



May/June

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	25	26	27	28	29	30
PHASE I						
31	1	2	3	4	5	6
PHASE I				PHASE 2		
7	8	9	10	11	12	13
PHASE 2						
14	15	16	17	18	19	20
	PHASE 3					
21	22	23	24	25	26	27
PHASE 3						
28	29	30	→ TEAM	CAMP	7/23	To 7/29
PHASE 3						

CLUB DATES/LINKS

Follow these links for up to date information. (Hold CTRL and click on the link to open the page)

TRYOUT INFO

<https://www.birminghamunited.com/tryouts/>

*We know some people may not quite feel comfortable returning to tryouts. Below is the protocol in this scenario:

- Register for Tryouts
- Add your information to the missing Tryout Link
- Communicate with your current coach and e-mail Ben Parks, Director of Coaching
- We will place you appropriately at tryouts and then also offer another evaluation at team camp if you request additional placement options

CAMP INFO

https://www.birminghamunited.com/camps_clinics/camps/

COACHING LIST

<https://www.birminghamunited.com/2020-21-full-coaching-list/>