

South - Spring 2021 Training Matrix

Location	Monday			Tuesday			Wednesday			Thursday		
Sportsblast	5:00 - 6:30											
	Format	Field	Team	Format	Field	Team	Format	Field	Team	Format	Field	Team
	9v9	Field 6	Brower - 12B South Academy	9v9	Field 6	A. Brown - 12G South Academy Huynh - 11B South Academy	9v9	Field 6	GAME FIELD	9v9	Field 6	A. Brown - 12G South Academy Huynh - 11B South Academy
	11v11	Field 1	REC	11v11	Field 1	REC	11v11	Field 1	REC	11v11	Field 1	REC
		Field 2	REC		Field 2	REC		Field 2	Brower - 12B South Academy		Field 2	REC
		Field 3	REC		Field 3	REC		Field 3	REC		Field 3	REC
		Field 4	REC		Field 4	REC		Field 4	REC		Field 4	REC
		Field 5	REC		Field 5	REC		Field 5	REC		Field 5	GAME FIELD
	6:30 - 8:00											
	9v9	Field 6		9v9	Field 6	R. Brown - 10B South Academy	9v9	Field 6	GAME FIELD	9v9	Field 6	R. Brown - 10B South Academy
	11v11	Field 1	REC	11v11	Field 1	REC	11v11	Field 1	REC	11v11	Field 1	REC
		Field 2	REC		Field 2	REC		Field 2	REC		Field 2	REC
		Field 3	REC		Field 3	REC		Field 3	REC		Field 3	REC
		Field 4	REC		Field 4	REC		Field 4	REC		Field 4	REC
		Field 5	REC		Field 5	REC		Field 5	REC		Field 5	GAME FIELD
Location	Monday			Tuesday			Wednesday			Thursday		
Heardmont	5:00 - 6:30											
	Format	Field	Team	Format	Field	Team	Format	Field	Team	Format	Field	Team
	11v11	Field 1		11v11	Field 1		11v11	Field 1		11v11	Field 1	
		Field 2			Field 2			Field 2			Field 2	
		Field 3			Field 3			Field 3			Field 3	
	6:30 - 8:00											
	11v11	Field 1		11v11	Field 1		11v11	Field 1		11v11	Field 1	
Field 2			Field 2			Field 2			Field 2			
Field 3			Field 3			Field 3			Field 3			